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has a powerful effect  
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is] a concise and  
informative guide to  
the theory and practice  
of MLD. The text is well  
presented, easy to

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follow, and has  
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...

The Dr. Vodder  
technique The Dr.  
Vodder technique  
always begins with  
treatment of the lymph  
nodes and lymph  
vessels found at the  
neck and the junction  
of the large lymph

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channels in the venous arch on both sides of the body (connection of the jugular and subclavian veins).

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and various  
inflammatory  
processes.

**MLD: The Dr. Vodder  
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Manual Lymph drainage (MLD), is a technique developed by the Vodders (Dr. Emil Vodder and his wife, Estrid) in 1936 in Paris for treatment of swollen lymph nodes. Lymphatic diseases, especially lymphedema, represent a serious problem in the health community.

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the lymphatic system is a common practice that can be applied to many conditions for effective and non-invasive relief. The Vodder's never stopped believing in the power of the lymphatic system and science has gone on to prove true their hypothesis' in this regard.

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Lymph Drainage -**

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manual technique that  
has a powerful effect  
on the body. Research  
in Australia, Europe  
and North America has  
proven its efficacy as a  
stand-alone treatment  
and in combination  
with other therapies.  
Developed in France in  
1932 by Emil and  
Estrid Vodder MLD has

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grown to be the most well known manual technique to assist lymph flow and aid in drainage of tissues.

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this lavishly illustrated guide provides step-by-step descriptions of how to massage the lymph vessels to stimulate smooth lymphatic flow.

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List the vessels, nodes, and organs that make up the Lymphatic System; Identify the Large Lymphatic Pathway; Define “Hunger Edema” Characterize the different reactions in the body to Lymphedema; List the indications and contraindications for Manual Lymph Drainage

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