

Why Love Matters How Affection Shapes A Babys Brain

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Why Love Matters How Affection

Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby ...

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Sue Gerhardt considers how the earliest relationship shapes the baby's nervous system, with lasting consequ. Why Love Matters explains why love is essential to brain development in the early years of life, particularly to the development of our social and emotional brain systems, and presents the startling discoveries that provide the answers to how our emotional lives work.

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Why Love Matters: How Affection Shapes a Baby's Brain ...

Why Love Matters: How Affection Shapes A Baby's Brain (Hardcover) Published January 1st 2005 by Routledge. Hardcover, 256 pages. Author (s): Sue Gerhardt. ISBN: 1583918167 (ISBN13: 9781583918166) Edition language: English.

Editions of Why Love Matters: How Affection Shapes a Baby ...

84 Why Love Matters: How Affection Shapes a Baby's Brain Why Love Matters: How Affection Shapes a Baby's Brain 85 the centre of the brain) including nurturing abilities. But what really makes humans human is basically the massive post-natal development of the outer layers of the brain, the cerebral cortex.

Why Love Matters: How Affection Shapes a Baby's Brain

Why Love Matters: How Affection Shapes a Baby's Brain. by Sue Gerhardt. 264pp, Routledge, £9.99. When researchers studied the brains of Romanian orphans - children who had been left to cry in ...

Review: Why Love Matters by Sue Gerhardt

Why love matters: How affection shapes a baby's brain. In Why Love Matters (2004) psychotherapist Sue Gerhardt covers a plethora of research on early parent-baby relationships, attachment, emotional and brain development in early life and how these are linked with adult physical, emotional, psychological and spiritual concerns. Gerhardt's clinical practice and expertise stems from her many years of working with mothers and babies in private practice.

Why Love Matters: Attachment Theory in Psychotherapy

Why Love Matters explains why love is essential to brain development in the early years of life, particularly to the development of our social and emotional brain systems, and presents the startling discoveries that provide the answers to how our emotional lives work.. Sue Gerhardt considers how the earliest relationship shapes the baby's nervous system, with lasting consequences, and how our ...

Why Love Matters: How Affection Shapes a Baby's Brain ...

(2006). Why love matters: How affection shapes a baby's brain. Infant Observation: Vol. 9, No. 3, pp. 305-309.

Why love matters: How affection shapes a baby's brain ...

Babies love to touch and look at their carers, and these senses make social interactions pleasurable. The brain's neural network is determined by social patterns. The human stress response has its uses, but it can also damage the health of both adults and babies.

Why Love Matters by Sue Gerhardt - blinkist.com

Why Love Matters: How Affection Shapes a Baby's Brain. By Sue Gerhardt. New York: Brunner-Routledge, 2004, 246. pp., \$17.95 (softcover). Since John Bowlby first introduced the attachment model.

(PDF) Why Love Matters: How Affection Shapes a Baby's Brain.

The nature of love is about paying attention to the people who matter, about still giving when you are too tired to give. Be a mother who listens, a father who cuddles, a friend who calls back, a...

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